

## **PSYCHOLOGICAL SERVICES**

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## Office Procedures During Corona Virus Outbreak

During this difficult period, when people are rightly concerned about their health and safely due to the coronavirus outbreak, we are trying to continue our sessions as normally as possible and create as little disruption to your care as is possible. At this time, we have made provisions to use videoconferencing or the telephone for therapy.

Most insurance companies will reimburse for video-conferencing instead of face-to-face meetings. You should call your insurance company to determine the coverage. We can give you details about how to access Google Meet or Zoom, the platform for video sessions that we use.

## PRIVACY NOTICE:

Please be aware that in the event that we or any of our patients, office colleagues, building personnel are suspected of having COVID-19, the CDC (or other official institutions) may require disclosure of names/addresses/phone numbers of all persons we have been in contact with. Normally, privacy rules prohibit this disclosure, but during outbreaks of illness where other people can be in danger, we would be obligated to provide some information to the authorities in order to prevent further spread of the disease. However, the California Psychological Association has indicated that clinicians are only allowed to provide minimal information and should not disclose that you are a patient, only that we have been in contact with you in order to protect your privacy.